

Putnam County Youth Baseball (PCYB)



**2016 Emergency Action and Safety Plan (EASP)
League #00305365**

PCYB

EMERGENCY ACTION AND SAFETY PLAN

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EMERGENCY ACTION AND SAFETY PLAN

INTRODUCTION

Emergency or safety situations may arise at any time during athletic competition, either during practices or competitions. Expedient action must be taken in order to provide the best possible care to the athlete or spectator in emergency and/or life-threatening conditions. The development and implementation of any emergency plan will help ensure that the best care will be provided.

As emergencies may occur at any time and during any activity, all PCYB volunteers must be prepared. This includes, Board Members, Coaches and Umpires. PCYB has a duty to develop a safety and emergency plan that may be implemented immediately and to provide appropriate standards of emergency care to all athletes and volunteer staff. As athletic injuries may occur at any time and during any activity, the PCYB Safety Committee must be prepared. This preparation involves the formulation of a safety and emergency plan, proper coverage of events, maintenance of appropriate emergency equipment, and continuing education in the area of safety and emergency care and planning.

With thorough precaution, adequate medical coverage, safe practice and training techniques, and other safety avenues, some potential emergencies may be averted. However, accidents and injuries are inherent with sports participation, and proper preparation on the part of the PCYB volunteer participants and staff should enable each safety and emergency situation to be managed appropriately.

Components of the Emergency Action Plan:

1. Implementation
2. Safety Personnel
4. Emergency Communication
5. Safety and Emergency Equipment
6. Medical Emergency Transportation
7. Documentation

IMPLEMENTATION

The Safety and Emergency Action Plan must be approved annually and signed by the League President, Curt Warren, and the Safety Officer, Bryan Kirby. A printed copy must be kept at all practice, game and conditioning facilities, and distributed to all league volunteers, including, but not limited to: athletic trainers, managers, coaches, umpires, institutional/organizational safety personnel, and administrators. It must also be reviewed and rehearsed at least once a year by all personnel.

The Safety and Emergency Action Plan applies to all sponsored athletic activities involving PCYB players, coaches and/or volunteer staff. A copy of the Safety and Emergency Action Plan will be placed in the concession stand of each field, in a manor to accommodate quick and easy access. Also, the Safety Committee Members will carry a laminated pocket plan. The full plan will also be included on the PCYB website, located at www.pcyouthbaseball.com/EASP.

PCYB will use the official Little League Volunteer Application form to screen all volunteers and submit all player and coach registration and roster data through the Little League Data Center at www.LittleLeague.org. Any changes, additions or deletions will be likewise entered into this system.

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CHILD PROTECTION – SAFETY AND TRAINING

PCYB will use the resources available through Little League International to screen all volunteers annually. This will include a national criminal background check through First Advantage, and a check against the National Sex Offender Registry (www.nsopr.gov). If the league learns of a criminal arrest of any volunteer during the season, the Board of Directors will meet to pursue appropriate action, which will include re-running the individual through the background check and possible termination in the league. No one failing either of these background checks, including NSOR), will be allowed to participate with our league. Anyone failing the NSOR check will be prohibited from attending any PCYB activities, including games, practices, conditioning, etc.

At least one coach from each team will attend the coaches meeting each season. At this meeting, we will review the EASP, receive fundamentals training (hitting, sliding, fielding, etc.), provide training in general first aid and CPR, and review the league rules, policies and procedures. For 2016, this meeting will take place on April 6th at 6:00 pm at the Putnam County Community Center and is scheduled to last 90 minutes.

The field supervisor at each location will be required to walk the field prior to each game to inspect for hazards. This would include, debris, holes, loose items and fencing. Coaches will be required to perform this inspection before each practice or non-regulation game field use.

PCYB will conduct and submit to Little League International, on an annual basis, a facility survey. This survey will incorporate field conditions, amenities and parking. The most recent survey was completed on February 18th, 2016 .

All teams are required to abide by and enforce all Little League Rules, including equipment, safety, and on field activities.

The Safety Officer will inspect all league equipment prior to each season and during the season as needed. Any unusable equipment will be destroyed and then discarded to prevent others from trying to use it. Equipment will also be inspected by the head coach before each game to ensure safety and functionality. All helmets, catchers gear, fielding gloves and other gear must fit the player using them properly and securely. The field umpire has final decision on any equipment in question. All league equipment loaned to coaches or teams will be signed out from each field for tracking purposes.

All coaches, players, umpires, volunteers and spectators will abide by the League Policy Statement (Code of Conduct). Coaches and parent/guardian will be required to sign an acknowledgment of this policy. Failure to comply will result in removal from league activities and/or suspension.

CONCUSSION PROTOCOL:

Public Chapter 148, effective January 1, 2014, requires that school and community organizations sponsoring youth athletic activities establish guidelines to inform and educate coaches, youth athletes and other adults involved in youth athletics about the nature, risk and symptoms of concussion and head injury. To comply with this, all managers, coaches and assistant coaches will complete the concussion training and sign the attestation sheet certifying the completion of the training. In addition, each play and at least one parent/guardian will review the "INFORMATION AND

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SIGNATURE FORM FOR STUDENT-ATHLETES & PARENTS/LEGAL GUARDIANS” and each will sign the attestation sheet, certifying receipt and knowledge of the educational materials.

ACCIDENT AND INJURY REPORTING PROCEDURES

All accidents and injuries are to be documented by the team Manager (head coach) using the Accident Notification Form (available online at www.pcyouthbaseball.com/ANF or at any concession stand). The completed form is to be submitted to concession stand worker at the field where the incident occurred as soon as reasonably possible after the incident happens – the same day if during a game, the next day if non-game, or concession stand is closed. These forms will be recorded in an injury database, maintained by the Safety Officer.

CONCESSION STAND:

Each field supervisor will be responsible for the management and safety of operating their concession stand(s). Each worker must be trained in proper food handling guidelines, safety and cleanliness - including hand washing. The field supervisor will inspect all equipment before, during and after each concession shift. Menu items should be simple, affordable and easily restocked. No glass bottles or containers are allowed for sale. All food should be stored in plastic containers and any heated or cooked food should follow the ‘use it or lose it’ principal – warmed or cooked food is thrown out each night.

EMERGENCY AND SAFETY PERSONNEL

With athletic team practices, drills, workouts, conditioning and competitions, the first responder to an emergency situation may be the volunteer coaches or umpires present at that athletic event. PCYB will provide training by a certified professional in cardiopulmonary resuscitation (CPR) and general first aid to all coaches, board members and volunteer staff.

The development of an Emergency Action and Safety Plan cannot be complete without the formation of an emergency team. This team may consist of Board Members, Coaches, etc. There are four basic roles of an emergency team:

1. Establish safety of the scene
2. Immediate care of the athlete or individual
3. Activation of EMS services if needed
4. Emergency equipment retrieval and direction of EMS to the scene

All first responders and volunteer staff members will have access to communications that can/will activate EMS. Once EMS has been activated, the ambulance that is summoned will provide medical services and transport the athlete or spectator to an appropriate facility, most likely Cookeville Regional Medical Center. Once the athlete or spectator has arrived at CRMC, they will be attended by the Emergency Room Staff.

*Note- CRMC is located in Cookeville, TN and is accessible to all athletes, spectators and volunteers.

EMS response time is 7-10 minutes post activation.

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EMERGENCY COMMUNICATION

Communication is key to a quick response to any safety or emergency situation. Communication prior to the season or an event is a good way to establish boundaries and to build rapport between all groups involved. Access to a working telephone or other telecommunication device, whether fixed or mobile, should be ensured.

ACTIVATING THE EMS SYSTEM

Making the call

1. Dial 911
2. Notify a member of the Safety Committee

Providing information

1. Name, address, telephone number of caller
2. Nature of emergency, whether medical or non-medical
3. Number of athletes or others injured
4. Condition of athlete(s) or other injured party
5. Treatment initiated
6. Specific directions, as needed, to locate the emergency scene
7. Other information requested by dispatcher
8. Do not hang up until they hang up
9. Once appropriate care is given, contact a Board Member or a member of the Safety Committee

Once appropriate care is begin given, then the following calls should be made as necessary:

1. Emergency Contact is informed of situation (Team manager has contacts for each player)
2. Member of Safety Committee (contact information located in each concession stand)
3. Family

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EMERGENCY EQUIPMENT

A basic First-Aid kit will be available at all fields and quickly accessible. This kit should include, Band-Aids, other bandages, ointment, ice packs and disinfectant spray.

MEDICAL EMERGENCY TRANSPORTATION

EMS will be on call. In the safety and medical emergency evaluation, the primary survey is conducted to identify emergencies requiring critical intervention and is used to determine transport decisions. In an emergency situation, the athlete or spectator should be transported by ambulance, where the necessary staff and equipment is available to deliver appropriate care. Safety Committee or other volunteers should refrain from transporting athletes in inappropriate vehicles. Arrangements must be made to ensure that the areas of activity remain supervised during and following a safety or emergency situation. Unless responding EMS determines otherwise, all emergencies will be transported to:

Cookeville Regional Medical Center
142 W. 5th St.
Cookeville, TN 38505
931-528-2541

DOCUMENTATION

The Safety Committee Member assigned coverage for a location is responsible for overseeing all documentation after an injury/incident occurs. That member is responsible for documenting actions taken during an emergency. However, the board member in charge at the scene should record actions in the absence of a Safety Committee Member, and should contact a committee member as soon as possible.

The coaches and PCYB volunteers must see that all athlete injuries and illnesses are documented and placed in the Committee's documentation files. These files are located in the Board Room at the Park View field. All documentation will have the following information:

1. Name of injured athlete (or spectator)
2. Physical location where injury occurred
3. Nature of injury
4. Location of injury/illness
5. Complete description of injury/illness
6. Description of action taken

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CONCLUSION

All personnel involved with the organization or sponsorship of athletic activities share a responsibility to provide for the safety and emergency care of an injured person. Any or all of the volunteer staff may be placed in a situation in which an emergency plan must be utilized. The immediate and appropriate action of each member of the emergency team is critical. The survival of an athlete or other party may depend upon the preparedness and the training of the emergency team.

This Emergency Action and Safety Plan should be reviewed at least once a year with the Board of Directors, Safety Committee and volunteer staff. The Safety Committee will review and rehearse the plan once a year in conjunction with the CPR and First Aid training.

Approved by  Date 3/1/16
Curt Warren
Board President

Approved by  Date 3/1/16
Bryan Kirby
League Safety Officer

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Cell Phone Contact for Board of Directors

Name	Park / Field Responsibility	Cell Phone
Curt Warren	Board President	(931) 319-9098
Randall McCloud	Parkview (ages 13-15)	(931) 265-4234
Derek Heap	Parkview (ages 11-12)	(931) 644-8580
<u>Bryan Kirby*</u>	Parkview (ages 9-10)	(931) 267-2222
Dustin Allen	Jere Whitson (ages 9-12)	(931) 310-5945
Fred Pugh	Jere Whitson (ages 9-12)	(731) 432-0274
Jonny Allison	Baxter (ages 13-15)	(931) 607-0046
Jimmy Neal	Baxter (ages 9-10)	(931) 252-1831
Danny Holmes	Baxter (ages 11-12)	(931) 260-3273
Ryan Sullivan	Jere Whitson (ages 9-12)	(931) 349-0352
Brandi McCants	Monterey (ages 9-12)	(931) 783-3988
Randall Phillips	Senior League (ages 13-15)	(931) 261-4532
James Hammons	Big League (ages 16-18)	(931) 239-3483

* League Safety Officer

To be kept in an easily accessible location at each concession stand

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Park View Baseball Complex – 545 Scott Avenue, Cookeville, TN 38501

EMERGENCY PERSONNEL

Volunteer staff (coaches) are on-site for all practices and games. Additional league staff is accessible by phone during practice times and will be on-site for all scheduled games (scrimmage games excluded).

EMERGENCY COMMUNICATIONS

Team managers and coaches should be equipped with cell phones at all times. Safety Committee and Board Members are available by phone if not on-site. For emergency situations, always dial 911 before contacting committee or board members.

EMERGENCY EQUIPMENT

Basic First Aid kits are available at each field in the concession stand.

ROLE OF FIRST RESPONDERS

1. Establish scene safety and immediately care for any injured persons
 2. Retrieve emergency equipment as needed
 3. Activate EMS (as needed) by calling 911
 - a. Give their name, specific location, and phone number
 - b. Provide number of people injured, condition of injured, and any treatment rendered
 - c. Provide specific directions to venue and other information as needed
 4. Direct EMS to scene
 - a. Open gates/doors
 - b. Designate person to “flag down” EMS and direct them to scene
 - c. Implement crowd control
1. Limit scene to first aid providers (coaches, EMS, safety committee, board members)
 2. Keep bystanders away from scene

DIRECTIONS TO VENUE

From Willow Avenue, turn east onto Jackson St. and the south on Scott Avenue. The baseball complex is on the left hand side, directly across from Park View Elementary School. Follow street around the complex for the three entrances (in order first to last – 10U field, 15U field, 12U field)

To be posted in a visible area at each concession stand

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Cane Creek Sports Complex – 2200 W Jackson St, Cookeville, TN 38501

EMERGENCY PERSONNEL

Volunteer staff (coaches) are on-site for all practices and games. Additional league staff is accessible by phone during practice times and will be on-site for all scheduled games (scrimmage games excluded).

EMERGENCY COMMUNICATIONS

Team managers and coaches should be equipped with cell phones at all times. Safety Committee and Board Members are available by phone if not on-site. For emergency situations, always dial 911 before contacting committee or board members.

EMERGENCY EQUIPMENT

Basic First Aid kits are available at each field in the concession stand.

ROLE OF FIRST RESPONDERS

1. Establish scene safety and immediately care for any injured persons
 2. Retrieve emergency equipment as needed
 3. Activate EMS (as needed) by calling 911
 - a. Give their name, specific location, and phone number
 - b. Provide number of people injured, condition of injured, and any treatment rendered
 - c. Provide specific directions to venue and other information as needed
 4. Direct EMS to scene
 - a. Open gates/doors
 - b. Designate person to “flag down” EMS and direct them to scene
 - c. Implement crowd control
1. Limit scene to first aid providers (coaches, EMS, safety committee, board members)
 2. Keep bystanders away from scene

DIRECTIONS TO VENUE

From E Jackson St, turn south into the sports complex. Note that this is the large complex with four (4) fields, there is a smaller complex located directly next door.

To be posted in a visible area at each concession stand

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Jere Whitson Baseball Complex – 1920 Mississippi Avenue, Cookeville, TN 38501

EMERGENCY PERSONNEL

Volunteer staff (coaches) are on-site for all practices and games. Additional league staff is accessible by phone during practice times and will be on-site for all scheduled games (scrimmage games excluded).

EMERGENCY COMMUNICATIONS

Team managers and coaches should be equipped with cell phones at all times. Safety Committee and Board Members are available by phone if not on-site. For emergency situations, always dial 911 before contacting committee or board members.

EMERGENCY EQUIPMENT

Basic First Aid kits are available at each field in the concession stand.

ROLE OF FIRST RESPONDERS

1. Establish scene safety and immediately care for any injured persons
2. Retrieve emergency equipment as needed
3. Activate EMS (as needed) by calling 911
 - d. Give their name, specific location, and phone number
 - e. Provide number of people injured, condition of injured, and any treatment rendered
 - f. Provide specific directions to venue and other information as needed
4. Direct EMS to scene
 - a. Open gates/doors
 - b. Designate person to “flag down” EMS and direct them to scene
 - c. Implement crowd control
1. Limit scene to first aid providers (coaches, EMS, safety committee, board members)
2. Keep bystanders away from scene

DIRECTIONS TO VENUE

From N Washington Avenue, turn west onto E Jere Whitson Rd. and north on Mississippi Avenue. The baseball complex is on the left hand side, one block north of E Jere Whitson Rd. There is only one entrance to the complex.

To be posted in a visible area at each concession stand

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Baxter Baseball Complex – 410 Elm Street, Baxter, TN 38544

EMERGENCY PERSONNEL

Volunteer staff (coaches) are on-site for all practices and games. Additional league staff is accessible by phone during practice times and will be on-site for all scheduled games (scrimmage games excluded).

EMERGENCY COMMUNICATIONS

Team managers and coaches should be equipped with cell phones at all times. Safety Committee and Board Members are available by phone if not on-site. For emergency situations, always dial 911 before contacting committee or board members.

EMERGENCY EQUIPMENT

Basic First Aid kits are available at each field in the concession stand.

ROLE OF FIRST RESPONDERS

1. Establish scene safety and immediately care for any injured persons
 2. Retrieve emergency equipment as needed
 3. Activate EMS (as needed) by calling 911
 - a. Give their name, specific location, and phone number
 - b. Provide number of people injured, condition of injured, and any treatment rendered
 - c. Provide specific directions to venue and other information as needed
 4. Direct EMS to scene
 - a. Open gates/doors
 - b. Designate person to “flag down” EMS and direct them to scene
 - c. Implement crowd control
1. Limit scene to first aid providers (coaches, EMS, safety committee, board members)
 2. Keep bystanders away from scene

DIRECTIONS TO VENUE

From Main Street, turn north onto 4th Avenue N. Turn Right on Elm Street and make an immediate left into the baseball complex, which is located at the end of the driveway (directly behind the Baxter Fire Department). There is only one field at this complex.

To be posted in a visible area at each concession stand

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Monterey Baseball Complex – 705 Commercial Ave, Monterey, TN 38574

EMERGENCY PERSONNEL

Volunteer staff (coaches) are on-site for all practices and games. Additional league staff is accessible by phone during practice times and will be on-site for all scheduled games (scrimmage games excluded).

EMERGENCY COMMUNICATIONS

Team managers and coaches should be equipped with cell phones at all times. Safety Committee and Board Members are available by phone if not on-site. For emergency situations, always dial 911 before contacting committee or board members.

EMERGENCY EQUIPMENT

Basic First Aid kits are available at each field in the concession stand.

ROLE OF FIRST RESPONDERS

1. Establish scene safety and immediately care for any injured persons
 2. Retrieve emergency equipment as needed
 3. Activate EMS (as needed) by calling 911
 - a. Give their name, specific location, and phone number
 - b. Provide number of people injured, condition of injured, and any treatment rendered
 - c. Provide specific directions to venue and other information as needed
 4. Direct EMS to scene
 - a. Open gates/doors
 - b. Designate person to “flag down” EMS and direct them to scene
 - c. Implement crowd control
1. Limit scene to first aid providers (coaches, EMS, safety committee, board members)
 2. Keep bystanders away from scene

DIRECTIONS TO VENUE

From E Commercial Avenue, turn south into the baseball complex, which is located next to the Monterey Parks and Recreation offices and directly across the street from the new Monterey High School. There is only one field at this complex.

To be posted in a visible area at each concession stand

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LIGHTNING AND SEVERE WEATHER POLICY

To be kept in an easily accessible location at each concession stand

PCYB Emergency Action and Safety Plan will follow the recommended guidelines from the National Lightning Safety Institute, which are outlined in this policy.

Chain of Command

- For practice/conditioning:

The head coach and/or his/her designee will be responsible for terminating an athletic practice/conditioning in the event of lightning/storms or other severe weather prior to, or during, any team event including games and during any practice/conditioning session.

- For contests:

The officials will be responsible for terminating an athletic contest in the event of lightning/storms or other severe weather during a contest in consultation with any Board Members or Safety Committee members present.

If a coach and/or official makes the decision to continue with a practice or contest despite a National Weather Service Severe Weather Warning, and/or a flash-to-bang count being less than 30 seconds, they will be doing so against the recommendations of the PCYB Safety Committee and will be personally liable for any and all injuries.

The home coaching staff should act as weather watchers, monitoring both before and during any outdoor activities. Coaches can obtain weather reports prior to each practice/contest from either www.weather.com or www.weather.gov, noting any potential for severe weather watches or warnings.

- Criteria for suspension of Practice/Contest

The designated weather watcher will watch for lightning, listen for thunder, and be responsible for keeping track of the flash-to-bang count.

When the flash-to-bang count reaches 30 seconds, a severe weather watch has been issued and/or the weather alerts show an 8 to 20-mile range, the weather watcher will notify the head coach and/or his/her designee. The head coach will then notify:

1. The game official/umpire at a break in play
2. The visiting team's manager and/or coach
3. The PA announcer to read the lightning statement

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When the flash-to-bang count reaches 30 seconds or less, a severe weather warning has been issued and/or the weather alert shows two consecutive 3 to 7-mile range readings, the weather watcher will notify the head coach and/or his/her designee. The head coach will then notify:

1. The game official/umpire
2. The visiting team's coach and/or athletic trainer
3. The PA announcer to read the lightning statement

At this point, all contest/practice activities are to cease **immediately**, and all personnel are to evacuate to a safe structure or location.

The Flash-to-Bang Method

This method is used to estimate how far away a lightning flash is.

1. Begin timing in seconds as soon as a lightning flash occurs
2. Stop timing as soon as the first thunder clap is heard. This number is the flash-to bang count.
3. Divide the count by 5.
4. The resulting number is the distance, in miles, from the practice/contest area to the lightning flash
 - Ex: a flash-to-bang count of 30 seconds would mean that the lightning flash is approximately 6 miles away.

Criteria for Safe Return to the Practice/Contest Area

PCYB Emergency Action and Safety Plan will follow the 30/30 rule:

1. Personnel should not return to the practice/contest area until 30 minutes after the last lightning flash or the last sound of thunder, or the flash-to-bang goes beyond 30 consistently and/or the weather alert indicates a greater than 20-mile range.
2. Each time the flash-to-bang count goes below 30, lightning is observed and/or thunder is heard, the 30-minute clock is to be reset.
3. Blue skies in the local area and/or a lack of rainfall are not adequate reasons to breach the 30-minute return to play rule. Lightning can strike up to ten miles away from the rain-shaft of a storm.

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Pre-Hospital Care of Victim(s) of a Lightning Storm

1. Activate EMS, using a cell phone from a safe shelter
2. Survey the scene for safety. Personnel should consider his/her own personal safety before venturing into a dangerous situation to render care. Lightning activity in the local area still poses a deadly hazard for personnel responding to the victim.
3. Move the victim to a safe location if needed. Victims do not carry an electrical charge, so it is safe to touch the victim to move him/her
4. Conduct the primary and secondary survey of the victim. It is likely that breathing and pulse are absent.
5. Prompt, aggressive CPR has been highly effective for the survival of victims of lightning strikes. Therefore, it is critical that CPR is initiated as soon as safely possible.
6. The basic triage principle of “treat the living” first should be reversed in cases involving casualties from a lightning strike. It is imperative that the person(s) apparently dead be treated first.
7. Lightning strike victims should be evaluated and treated for hypothermia, shock, fractures, and burns as well.

Outdoor Venue Safety

The City of Cookeville department of Leisure Services and Putnam County Parks and Recreation department should post lightning safety instructions, including safe shelter locations and lightning safety guidelines, at outdoor athletic venues. A lightning/severe weather statement will be read over the public address system (where available) including the location of safe shelters. Generally, the concession stands and restrooms will serve as shelters for this purpose.

Lightning Safety Guidelines

A safe structure is defined as “any sturdy, fully enclosed, substantial, and frequently inhabited building that has plumbing and/or electrical wiring that acts to electrically ground the structure. Examples of locations that routinely DO NOT meet the criteria include:

1. Baseball/softball dugouts
2. Baseball/softball covered batting cages
3. Outside storage sheds
4. Canopy/awning/tent

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In the absence of a sturdy, fully enclosed, substantial, and frequently inhabited location as described above, a secondary structure such as a fully enclosed vehicle with a hard metal roof, rubber tires, and completely closed windows can provide a measure of safety. Persons should not touch the metal framework of the vehicle. Convertibles, soft-top vehicles, and golf carts DO NOT provide a high level of protection and cannot be considered safe from lightning.

Persons should avoid taking showers, using plumbing facilities (indoor/outdoor pools, whirlpools, hot tubs, etc.) and using land-line telephones during a thunderstorm. A cellular phone is a safe alternative to land-line phones, if the person and the antenna are located within a safe structure or location and all other precautions are followed.

If no safe structure or location is within a reasonable distance, personnel should find a thick grove of small trees surrounded by taller trees or a dry ditch. Everyone should assume the "lightning safe" position, a crouched position on the ground with the feet together, weight on the balls of the feet, head lowered, and ears covered. **DO NOT LIE FLAT!!** Minimize the body's surface area and minimize contact with the ground.

If unable to reach safe shelter, persons should stay away from the tallest trees or objects (i.e., light poles, flag poles, etc.), metal objects (i.e., fences, bleachers, etc.), individual trees, standing pools of water, and open fields. Persons should avoid being the highest object in an open field.

In situations where thunder and/or lightning may or may not be present, yet someone feels his/her hair stand on end and his/her skin tingle, lightning is imminent. Therefore, all persons should assume the lightning safe position as described above.

All individuals should have the right to leave a site or activity, without fear of repercussion or penalty, in order to seek a safe structure or location if they feel that they are in danger from impending lightning safety.

PCYB Emergency Action and Safety Plan Lightning Safety Policy

Criteria for **suspension** of activities

By the time the flash-to-bang count reaches 30 seconds, all individuals should be inside a safe shelter.

Criteria for **resumption** of activities

Wait at least 30 minutes after the last sound of thunder or observation of lightning before resuming activities

Lightning and Severe Weather Statement to be Read at Outside Events

In the event of lightning, thunder, or other severe weather, it is suggested that all spectators immediately evacuate the area. It is advised that spectators evacuate to hard-topped vehicles or to fully enclosed buildings until it has been deemed safe to return to the area.

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DISASTER PLAN

The PCYB Emergency Action and Safety Plan will address three types of disaster plans relative to the volunteer personnel, spectators and athletes. Possible tornado, fire, and earthquake emergency guidelines are included.

TORNADO WARNING

In the case of a tornado warning, all participants, volunteers and spectators are advised to seek shelter in the nearest safe building (i.e., the concession stand or restroom facilities) Ideally they should congregate within the interior rooms of the bottom floors of these buildings.

If possible, seek shelter in the nearest building with a basement and congregate there until the all-clear siren is sounded. DO NOT seek shelter in dugouts, press boxes, sheds, or automobiles.

FIRE ALARM

In case of a fire, sound the fire alarm, exit the area or building, and call 911 to report the incident. Volunteer staff should be aware of the location of any fire alarms and fire extinguishers. If the fire is small and containable, locate and use a fire extinguisher. When a serious fire is burning or an explosion is possible, sound the alarm, exit the building, call 911, and move to a safe location.

If the fire alarm sounds, immediately exit the area or building through the nearest exit. All coaches will be responsible for a head count, if applicable.

EARTHQUAKE

In the ever-increasing likelihood of an earthquake, this basic guideline should be followed. If you are inside, stay inside. If you are outside, stay outside. Most injuries come from falling debris.

If indoors during an earthquake, seek shelter under a heavy table or desk, doorway, or hall. Stay away from glass or heavy objects. If outdoors, move and stay away from buildings and utility poles if possible.

To be posted in a visible area at each concession stand

PCYB

EMERGENCY ACTION AND SAFETY PLAN

PCYB League Policy Statement and Zero Tolerance Policy:

I understand that my child is expected to attend practice sessions and league games with limited travel in Putnam County.

All coaches, players, parents and spectators must abide by the league's ZERO TOLERANCE policy which does not permit the use of tobacco of any kind, e-cigarettes or "vapes", alcoholic beverages, inappropriate behavior, foul or offensive language of any kind. If a parent or spectator is not abiding by this policy, the umpire may instruct a coach to give a warning to the group or individual, or may eject them from the premises immediately. If a warning is given, and the same group or individual continues with this behavior, they will be asked to leave the property immediately. Failure to comply with an ejection within 5 minutes will result in the forfeiture of the team associated with the group or individual. Any coach ejected from a game will serve a mandatory one-game suspension enforced on the next scheduled game.

I agree to HOLD HARMLESS any official, PCYB board member, coach, county, city or park representative for any losses, damages or injury, however small or severe, while my child is participating in this league. I acknowledge the above stated Zero Tolerance policy and am aware that any violation of this can result in immediate ejection from the facility and grounds, and may result in a prolonged suspension determined by the facilities board of directors.

I understand that it is my responsibility to be sure that all those that accompany me to the game, or that are there for my child, understand and comply with this policy.

Head Coach: _____ Practice Field: _____

Team Name: _____ Age Group: _____

Please print and sign:

Parent Signature _____ Date: _____

Parent Signature _____ Date: _____